



INTRODUCING

AIA *Vitality*

At AIA, we're committed to helping New Zealanders live healthier, longer, better lives.

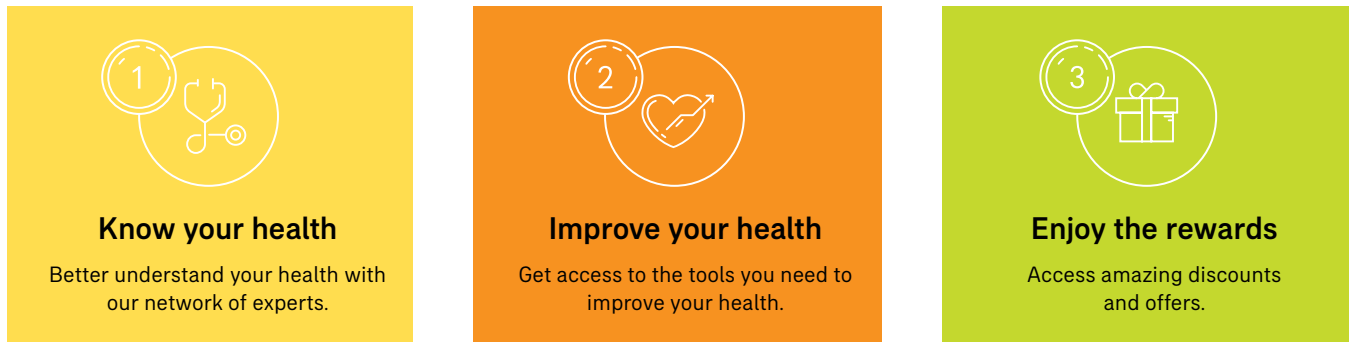
That's why we're proud to offer AIA Vitality in New Zealand.

aiavitality.co.nz

What is the AIA Vitality Program?

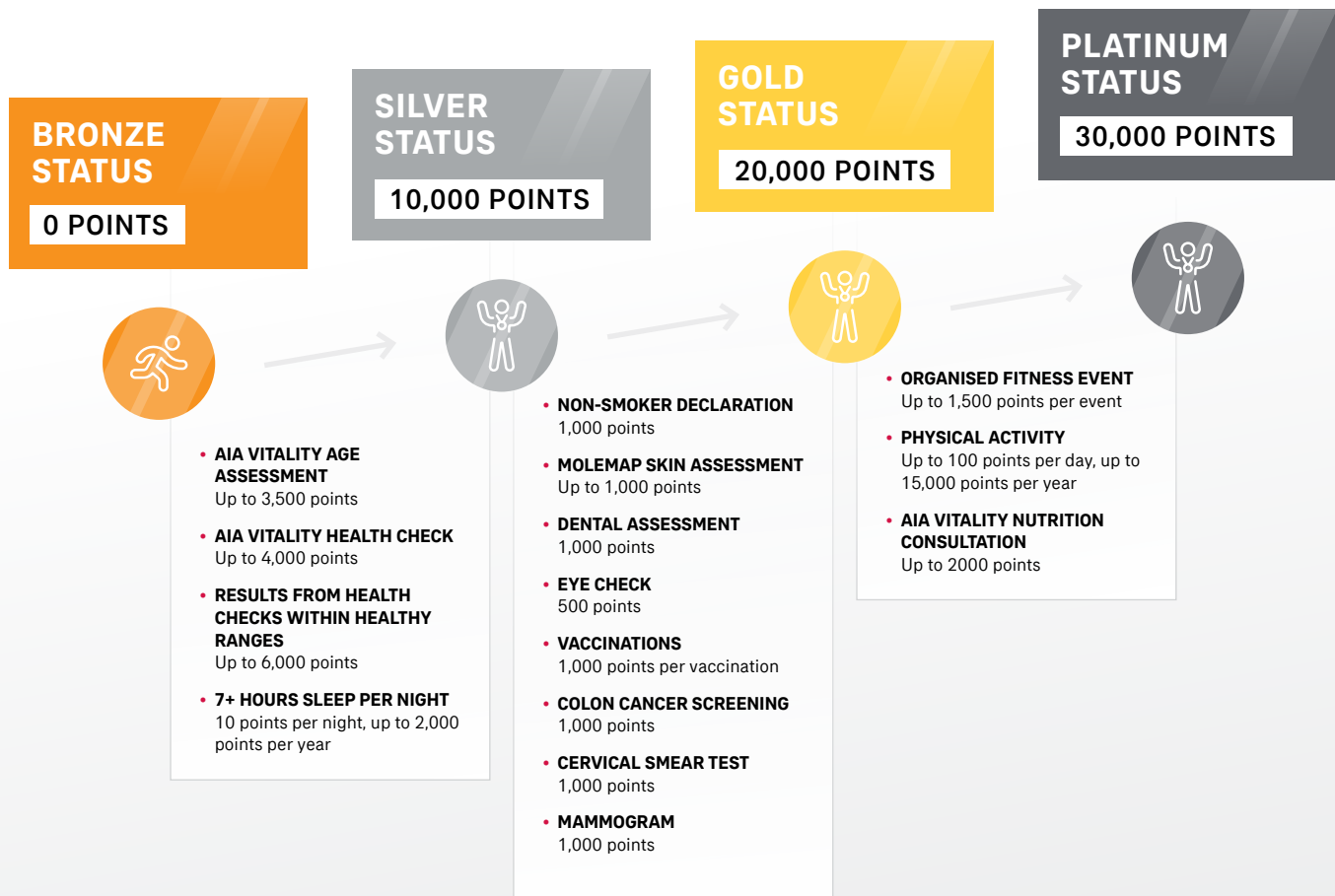
AIA Vitality is a science-backed health and wellbeing program that supports you every day to make healthy choices.

It helps you get to know your health, provides tools to improve it and offers great rewards to keep you motivated on your journey to a healthier you.



How to earn points and improve your status

You start each membership year with zero AIA Vitality points and accumulate them through ongoing program engagement. The higher your status, the greater your rewards. When your next membership year rolls around, you retain the status you've earned and the rewards that come with it. Here are some ways you can climb to Platinum status:



Benefits and rewards

You can enjoy great benefits and rewards from our program partners to help you reach your health and wellbeing goals.



ONLINE AND OFFLINE
HEALTH ASSESSMENTS



FREE AIA VITALITY HEALTH CHECK



25% OFF A SKIN ASSESSMENT



75% OFF AN INITIAL
CONSULTATION WITH A DIETITIAN



UP TO 25% DISCOUNT ON
SELECTED DEVICES



25% OFF GEAR



FREE ACCESS TO ALLEN CARR'S
QUIT SMOKING PROGRAM



UPFRONT AND RENEWAL
PREMIUM DISCOUNTS



STATUS BASED REWARDS



UP TO 50% OFF MOVIE TICKETS
(limits apply)



ACTIVE BENEFIT
REACH YOUR ACTIVITY TARGET
AND EARN \$5 EVERY WEEK









OR DONATE \$5 EVERY WEEK



How Status Based Rewards work

Airpoints Dollars™ and Forme Spa & Wellbeing

As you increase your AIA Vitality status, you'll have access to larger rewards.

		→		→		→	
	AIA VITALITY BRONZE STATUS		AIA VITALITY SILVER STATUS		AIA VITALITY GOLD STATUS		AIA VITALITY PLATINUM STATUS
 airpoints™			+25 Airpoints Dollars™		+100 Airpoints Dollars™		+175 Airpoints Dollars™
 forme <small>Spa & Wellbeing (limits apply)</small>	20% discount voucher		30% discount voucher		40% discount voucher		50% discount voucher

AIA Premium Discount

When you sign up to AIA Vitality you receive an initial **10% premium discount** on your eligible insurance policies. Then you're in control of the discount you can receive through ongoing engagement with the AIA Vitality program.

On your policy anniversary, your premium discount will be **adjusted depending on your AIA Vitality Status**.

PROGRAM ENGAGEMENT ↑	AIA Vitality Status achieved	Premium flex	Example: Your AIA Vitality year 1 discount is 10% (the initial discount)
	PLATINUM	+2.0% P.A. up to maximum of 20%	If you reach Platinum, your year 2 DISCOUNT WILL BE 12%
	GOLD	RETAIN CURRENT DISCOUNT	If you reach Gold, your year 2 DISCOUNT WILL BE 10%
	SILVER	-1% P.A. TO A MINIMUM OF 0%	If you reach Silver, your year 2 DISCOUNT WILL BE 9%
	BRONZE	-2.0% P.A. to a minimum of 0%	If you retain Bronze, your year 2 DISCOUNT WILL BE 8%

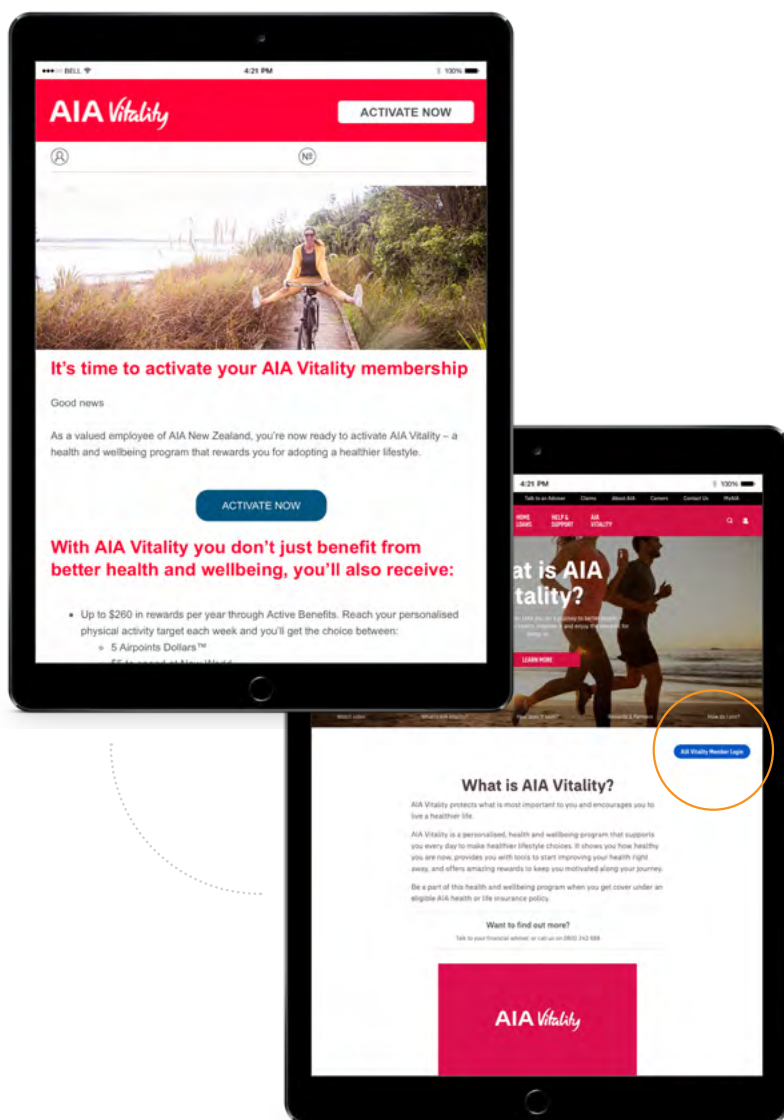
For more details on Premium Flex, refer to the AIA Vitality Premium Adjustment Rules.

How to join AIA Vitality



1. Find out if you're eligible and join up.

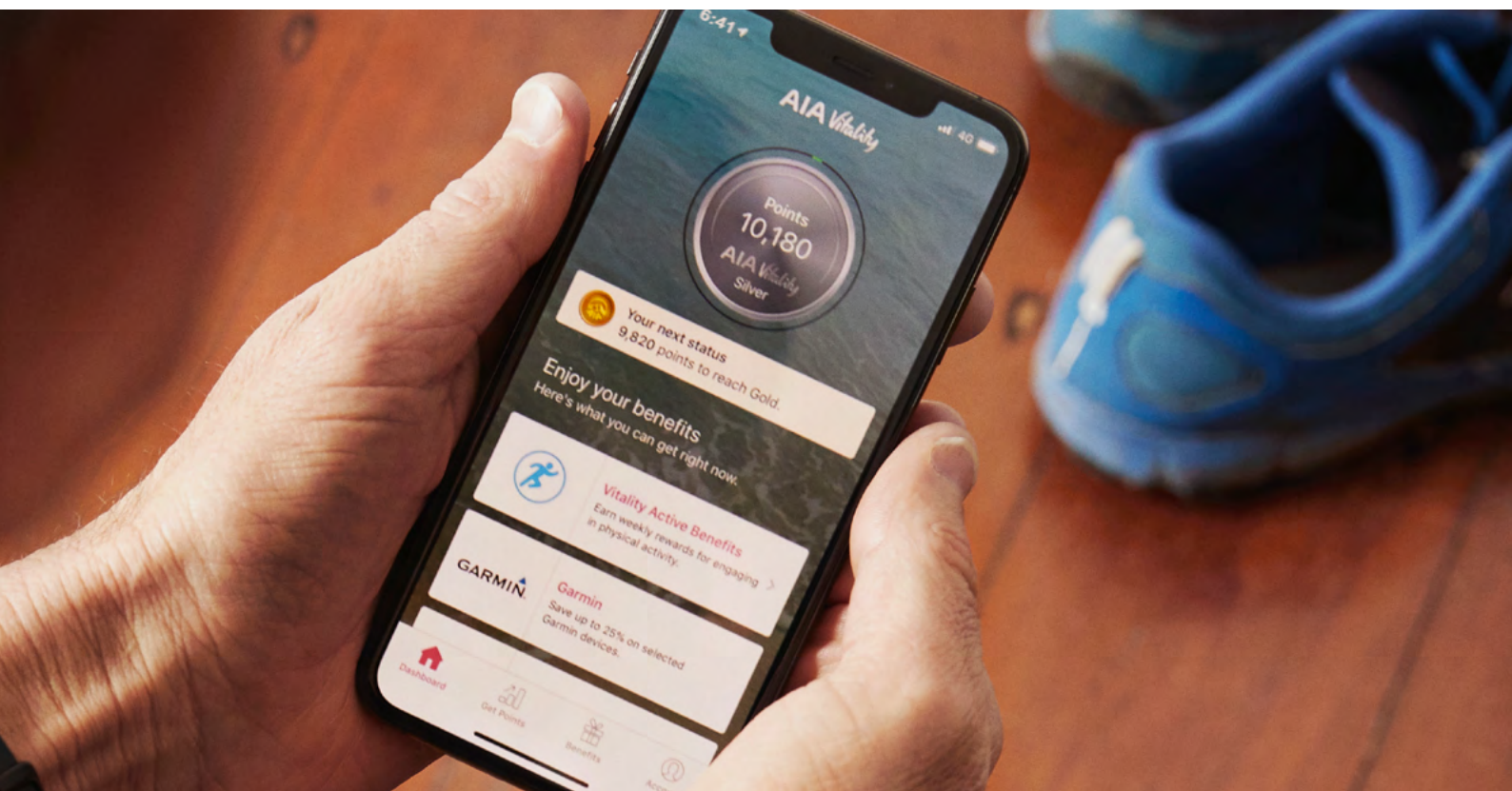
- New AIA customers – call us on **0800 500 108** to talk to an adviser
- Existing AIA insurance customers – If you have an existing AIA or Sovereign branded policy with us, you may be eligible to join AIA Vitality straight away. Talk to your financial adviser, or call us on **0800 242 888**
- Your adviser will be able to confirm the monthly AIA Vitality membership fee with you at the time of enquiry



2. Activate your AIA Vitality membership.



- Once you've enrolled as a member, you will receive an email from AIA Vitality asking you to activate your membership
- Click the 'Activate Now' button and set up your password, which takes less than 30 seconds.
- You can now access the AIA Vitality website to start your journey to a healthier lifestyle

aiavitality.co.nz



3. Download the app for Android or iPhone.



- iPhone users, download the app from the App Store

 Android users go to the Google Play Store

- Opt-in to Active Benefits to earn weekly rewards every time you meet your personalised Active Benefit target
- Access the many benefits and rewards from our AIA Vitality partners
- If you need any help with your app, phone us on **0800 242 888** or email us on **NZVitality@aia.com**

4. Start earning points!



- Link your fitness device or mobile app and earn points from your workout data
- Get an understanding of your health and wellbeing by completing our online and offline assessments
- Maintain your fitness and reach your personalised health goals

GARMIN.

 **fitbit.**

 **Google Fit**

 **Apple Health**

AIA Vitality

A health and wellbeing program
that rewards your healthy choices.



0800 242 888



aiavitality.co.nz



NZVitality@aia.com



AIA House
74 Taharoto Road,
Takapuna,
Auckland 0622



Private Bag 92499,
Victoria Street West,
Auckland 1142

Disclaimer

AIA Vitality has a monthly membership fee and can only be taken out with eligible AIA insurance policies. For AIA Vitality terms and conditions and data privacy information, head to aiavitality.co.nz

The information contained in this publication is general in nature and is not intended as advice. It may not be relevant to individual circumstances and before making any financial decision, you should consult a professional Adviser. The availability of insurance cover is subject to your application being approved. All applications are subject to individual consideration. Special conditions, exclusions and premium loadings may apply. Copies of our disclosure statements are available on request, free of charge.



**HEALTHIER, LONGER,
BETTER LIVES**